

# Explore the Sharecare App

*Tap into the power of better health in your hands.*

Sharecare is excited to partner with Blue Cross of Idaho bringing innovative solutions to your members.

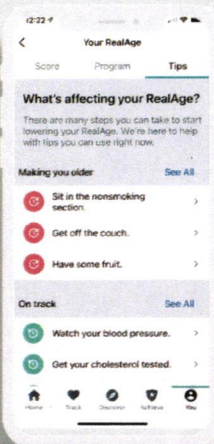
Get an early start by exploring the Sharecare app today!



## Get Started

Scan the QR code, visit [join.sharecare.com](http://join.sharecare.com) to get started.

**\*\* Select OTHER when responding to the How did you hear about Sharecare question.**



## Discover your RealAge

Get an instant assessment of your true age.

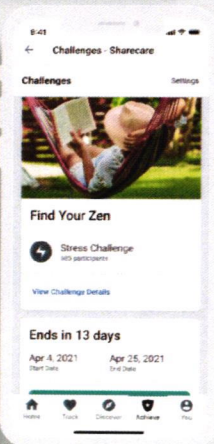
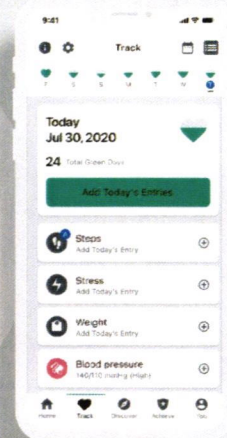
Review personalized recommendations for improving or maintaining your health based on your results.

## Track your habits

Go to **Track**.

Enter your health data, such as steps, sleep, stress and more to start earning Green Days.

Go to to connect your fitness device for automatic syncing.



## Achieve a goal

Go to **Achieve**.

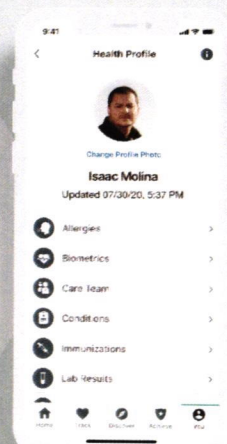
Explore the many features available here, from rewards to digital therapeutic programs to challenges.\*

Stay motivated and on track by participating in a team or peer-to-peer challenge.

## Manage Your Health Profile + Benefits

Go to **You**.

Access your health profile and all your benefits in one place. Plus, build a care team, view your claims and store your ID cards.\*



\*These features will vary depending on the platform configuration selected for the full Blue Cross of Idaho launch